



THE SSS CONNECTOR

"KEEPING YOU CONNECTED"

FROM THE DIRECTOR'S DESK

The Student Support Services Program is excited to have the opportunity to work with such an amazing group of students. The purpose of our program is to increase the number of low-income college students, first-generation college students, and college students with disabilities who successfully complete their program of study.

We strongly encourage all SSS participants to actively participate in the activities planned for the month of October. These events include three Academic Success Workshops, the SSS Summit, and a Business Etiquette Dinner. All activities are designed to support the success of our participants.



COUNSELOR'S CORNER

The top reasons for making healthy connections while attending college are:

- * Faculty and Staff want you to be successful.
- * Connections with other students enhances your academic success.
- * Easier access to extra assistance with classwork and assignments.
- * Studying with classmates helps improve comprehension of material.
- * Instructors will provide positive recommendations for transfer and job applications.
- * Develop lifelong friendships and professional relationships.

STUDENT RESPONSIBILITIES

- Complete Fall Semester Plan
- Regularly Meet with SSS Counselor
- Attend Academic Success Workshops
- Attend All Classes
- Be Punctual for All Classes
- Seek Tutoring Early
- Maintain a GPA ≥ 2.0
- Maintain SAP $\geq 67\%$
- Check D2L Regularly
- Attend SSS Special Events

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HOOTS 'N SALUTES

HOORAY

ALANA WALKER

RECEIVED

MESSAGE THERAPY CERTIFICATE

AND

STATE BOARD CERTIFICATON



WELCOME NEW STUDENTS

Brandon Bell

Ashley Brock

Derrick Drennon

LaKesha Hill

Tiffany Marshall

Amber Moton

Dessie Tate

Isaiah Williams



“We are what we repeatedly do. Excellence, then is not an act, but a habit.”

~ Aristotle ~

IN THE SPOTLIGHT

2014—15 Student Support Services Advisory Council Representatives are on the move!

September Academic Success Workshop Assistants

Olivia Hartwell Jessica Rice John Tutt Thao Vu

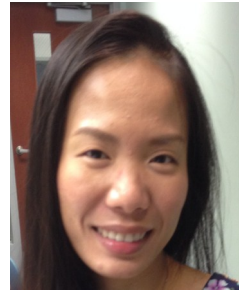
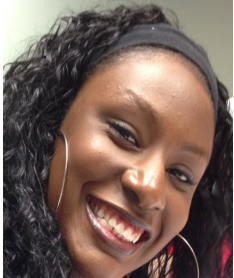
Greeters for Fall Kick-off

Olivia Hartwell Krista Templeton Jessica Rice Thao Vu

Student Leadership Conference Attendees

Greenville Technical College on September 19, 2014

Yolanda Harrison Olivia Hartwell



“The student leadership conference was a wonderful experience with awesome presenters!”
“I am glad to have had the opportunity to attend. Whatever you decide to do, you can be a leader!”

STUDENT SUPPORT SERVICES 2014 FALL ACTIVITIES

SSS SUMMIT – TEAM BUILDING & LEADERSHIP RETREAT

The Oasis at Connie Maxwell Children's Home

Friday, October 17, 2014

8:30 AM – 2:00 PM



BUSINESS ETIQUETTE IN THE 21ST CENTURY

Bermuda's at Stoney Point

Thursday, October 23, 2014

5:00 PM – 7:30 PM



MARTIN LUTHER KING, JR NATIONAL HISTORIC SITE

Atlanta, Georgia

Friday, November 7, 2014

7:45 AM – 8:00 PM



SPRING 2015

VIP

Register early for your
choice of classes.

REGISTRATION

VIP REGISTRATION

It's not too early to start thinking about classes for Spring! VIP registration begins **October 20**. VIPs receive their first choice of classes and the \$25 registration fee is waived. Now is the time to plan ahead and start smart! Schedule a time to meet with your academic advisor.

Spring Class Dates:

Full Term: Jan. 14–May 4

A Term: Jan. 14–March 5

Late Term: Feb. 16–May 4

B Term: March 6–May 4

Newsletter Sources:

Channing Bete

College Success Info Guide

PTC Website

SSS Advantage April 2011

The Skinny On College Success

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HEALTHWISE “STAYING MOTIVATED IN SCHOOL”

There are times even the most focused and motivated students want to quit and just be done with school. Sometimes a decrease in motivation can be a physical or emotional issue. Lack of motivation can be caused by poor health, excessive eating, drinking, drug use, or other health related problems. Depression and anxiety can also contribute to decreased levels of motivation. Here are three ways to help improve your level of motivation.

- ◆ Place your major goals at the top of your “to do” list everyday.
- ◆ Don’t let others distract you from accomplishing your tasks.
- ◆ Find people who will help motivate you or will work with you to keep you motivated.



ACADEMIC SUCCESS TIPS

Plan for Success

Academic success requires both “studying smart,” and navigating your academic world wisely and efficiently. Successful students do not procrastinate. They learn that time control is life control and have consciously chosen to be in control of their life.

Class Schedule

Back-to-back classes provide little or no time to stay late for the first class or to arrive early for the second class. Unless you’re a morning person, you are more likely to miss or be late for an early morning class.

Classroom Success

Attend every class and complete all assignments on time. When in class ask questions and participate in discussions. By being an active participant the material will be more interesting, time will pass more quickly, and your instructor will be impressed. Use a note-taking system that works for you.

Study Tips

Study in a quiet place without distractions or interruptions on or off campus. Arrange your schedule to study during you body’s most alert state. Determine how you learn best and study accordingly. Auditory learners learn best by hearing. Visual learners learn best by seeing. Kinesthetic learners learn best by doing.

DON'T QUIT

When things go wrong, as they sometimes will
When the road you're trudging seems all uphill
When the funds are low and the debts are high
And you want to smile, but you have to sigh
When care is pressing you down a bit
Rest if you must, but don't you quit.

Life is odd with twists and turns
As everyone of us sometimes learns
And many a fellow turns about
When he might have won, if he had stuck it out.
Don't give up though the pace seems slow
You may succeed with another blow.



Often the goal is nearer than
It seems to a faint and faltering man;
Often the struggler has given up
When he might have captured the victor's cup;
And he learned too late when the night came down
How close he was to the golden crown.

Success is failure turned inside out
The silver tint of the clouds of doubt
And you never can tell how close you are
It may be near when it seems afar;
So stick to the fight when you're hardest hit
It's when things seem worst that you mustn't quit.

~Author Unknown~

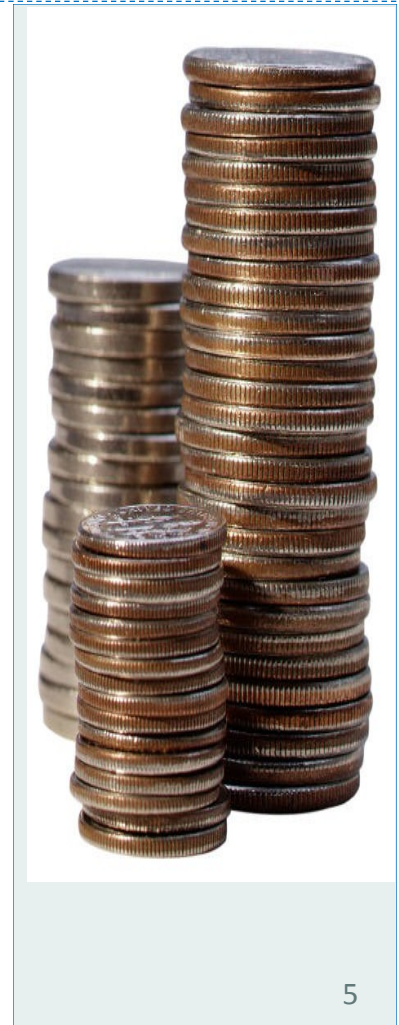
“Your success is your responsibility. Take the initiative, do the work, and persist to the end.”

~ Lorii Myers~

FINANCIAL MATTERS...

In today's economy it's extremely difficult to S-T-R-E-T-C-H your income to cover all your family's wants and needs. Here are a variety of ways to cut costs without cutting comfort and convenience:

- ◆ **FOOD:** Plan to shop with coupons for weekly and seasonal specials. Check prices on your receipt for accuracy. Compare store prices and ads for best deals. Plant a garden for low-cost fruits and vegetables.
- ◆ **TRANSPORTATION:** Drive the speed limit and avoid frequent stops and starts. Make sure tires are inflated properly. Carpool for work, shopping and school. Shop for lower insurance rates. Keep appointments for regular maintenance.
- ◆ **CLOTHING:** Avoid impulse buying. Try discount stores for name brand clothes and shoes. Sew easy-to-make children's clothes. Prolong wear with smart laundering by following label instructions.
- ◆ **HOME:** Compare policies for insurance. Turn lights off when not in use. Choose energy efficient appliances. Do-It-Yourself for minor repairs.
- ◆ **FUN:** It is more fun and personal to make your own gifts. For low-cost gatherings have a potluck dinner. Enjoy local museums, zoos and historical attractions. Off-season vacations offer huge savings.

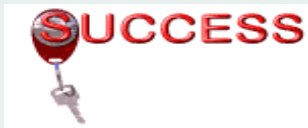


COLLEGE ACTIVITIES

October 10th: No Classes
October 15th: A-Term Ends
October 16th: B-Term Begins
October 16th: Midterm
November 4th: No Classes

STUDENT SUPPORT SERVICES

is the key to your



UPCOMING EVENTS

STUDENT SUPPORT SERVICES

Academic Success Workshops, 12:45 PM—1:30 PM

October 9th: R U Safe, Charlotte Ehney, Room 136-B
October 14th: Writing Workshop, Delmar Brewington, Room 155-B
October 28th: Math Anxiety, Rick Judy, Room 155-B

Cultural Activities

Oct. 17th: SSS Summit
Registration: September 23rd—October 3rd
Oct. 23rd: Business Etiquette
Registration: October 6th—October 17th
November 7th: MLK, Jr. National Historic Site
Registration: October 20th—November 5th

College Visitation

Nov. 15th: Lander University
Registration TBA

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PLEASE
PLACE
STAMP
HERE

